

CENTER

Learn more about the FEC and what it can do for you!



# Agenda

- What does the FEC do?
- Who can come to the FEC?
  - Are you ready for financial change?
- Expectations
  - The first sessions
- Where to start
- How to connect





# PROFESSIONALLY TRAINED COUNSELORS..

...work with you for as long as it takes to reach your financial goals. We focus on the 4 big pillars of finance: BANKING, CREDIT, SAVINGS & DEBT. This service is always at no cost to the clients.



### WE WELCOME ALL!

### If you:

- livein Allegheny County
- are over 18 years old
- to change your financial habits

you are eligible for services, no questions asked.

## Am I READY for (FREE) Financial Counseling?

Put a finger down for every YES!

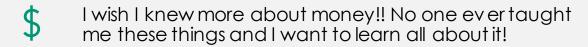


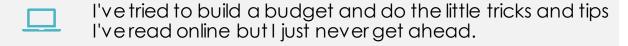


Every time I walk into {insert big box store name here} I try so hard to only buy what I need but never seem to succeed.



I have room in my schedule to make time for looking at my budget and tracking my spending







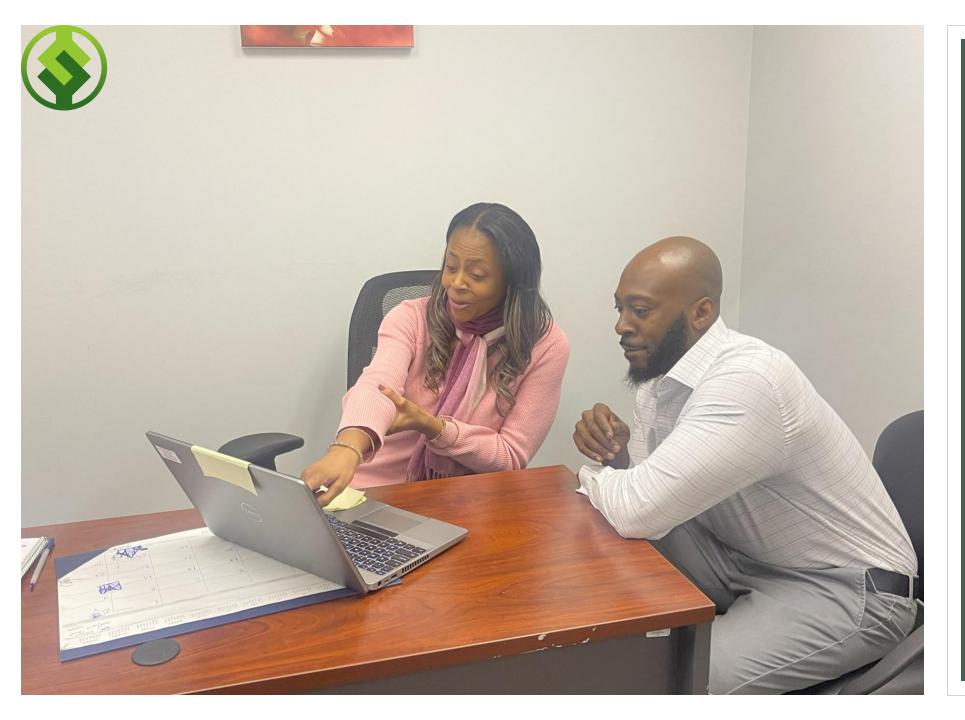


When I heard about the FEC, I could not wait to get started!!



# WHAT WE OFFER

- Where to apply for public ben efits
- Get ready for homeow nership
- Small business finances
- Find other resources
- Talk
   about the emotions
   that you feel with
   money
- Someoneyou can check inwith and shareyour money successes



# WHAT WE OFFER

- Making a budget you can feel happy about
- Setting exciting goals
- Talking
   about choices for utiliti
   es, credit cards and
   other loans
- Reviewing your credit report and talking about good credit use
- Choosing the right bank account and/or other financial products

## THE SESSIONS...



#### YOUR FIRST SESSION

- Can be up to 70 minutes long
- Background
- Financial Health Assessment
- Money tracker (expenses and income)
- Pull credit report (does NOT affect overall score)
- Develop goals
- Assignment
- Schedule next session (Typically in 4-6 weeks)

#### FOLLOW-UP SESSIONS

- 30-45 minutes
- Review progress towards goals
- Review completed money tracker
- Review any changes to credit score
- Schedule next session (Typically in 4-6 weeks)



### GET STARTED ON YOUR OWN

#### START BY TRACKING YOUR SPENDING

- Use an app (Good Budget, YNAB to name a couple)
- Use an excel sheet
- Use a pen and paper!
- Track EVERYTHING!



### START BY SETTING UP A SAVINGS ACCOUNT

- Set up auto deposits
- Do 50% less than you want to at first and work your way up
- Shop around for the highest APY



### A word (or two) about scams/fraud

- You don't have to provide your personal information to anyone.
   (Think "you have the right to remain silent")
- There should also be written documentation of any legal issue. If you received no letter, ask them to send one.
- If they are rushing you to decide, it is most likely a scam.
- They cannot continue to call if you ask them to stop.
- If you are unsure, tell them you will think about it and either call back the number they called from or do a quick google search.
- Websites:
  - https://www.consumerfinance.gov/
  - https://www.ftc.gov/legal-library/browse/rules/telemarketing-sales-rule

## Monthly FEC Presentation

Every Month on the second Wednesday at 12PM.

Find the link on our website or email us for a flyer!





### OUR COLLECTIVE EXPERTISE

- Homeownership
- Credit Disputes
- Budgeting
- Legacy Planning
- Student Loans
- Public Benefits
- Small BusinessFinancing
- Local/National Resources

...and so much more.



Allegheny County Financial Empowerment Center

# CONNECT WITH US

Thank you!

### WEBSITE:

www.myfinancialpower.org



### PHONE:

800-298-0237

### EMAIL:

Fecinfo@myfinacial powerorg





# SUPPORTING FINANCIAL WELLNESS THROUGH CASE MANAGEMENT

5001 Baum Blvd, Suite 400 Pittsburgh PA 15213 412.281.2573 www.macedoniaface.org

## Today's Agenda:

- Who is FACE?
- Lifeline program
- Discussing financial needs
- Budgeting
- Planning for sustainability
- Advocacy
- Case example
- Questions and contact info





Our mission is to encourage the development of healthy families.



Our vision is that everyone lives in a healthy and thriving community.

# What does Macedonia FACE do?

Services to families with children to prevent systems involvement

Supportive services to families with schoolage children attending schools in Allegheny County

Help to families experiencing food & housing insecurity

One time financial support to those experiencing a financial need in Allegheny County

In school and after school groups with youth

HIV case management, education, & testing

Senior Center and Meals on Wheels

Re-entry support to seniors 60+



# Lifeline Program



LIFELINE IS HERE TO
SUPPORT PEOPLE
EXPERIENCING
TEMPORARY
HARDSHIP, INCLUDING
SUPPORT WITH
UNEXPECTED COSTS
LIKE FUNERAL
EXPENSES OR CAR
REPAIRS OR BASIC
NEEDS SUPPORT LIKE
BACK RENT OR UTILITY
ASSISTANCE



GOAL OF THE PROGRAM IS TO BE TRANSFORMATIONAL NOTTRANSACTIONAL



AMOUNT WE CAN
ASSIST WITH
FINANCIALLY IS ON A
CASE BY CASE BASIS,
ANYONE OVER 18
LIVING IN ALLEGHENY
COUNTY CAN BE
REFERRED



INDIVIDUALS HAVE TO TURN IN DOCUMENTATION (ID, PROOF OF INCOME AND PROOF OF NEED) BEFORE THEIR CASE CAN BE ASSIGNED



COORDINATORS WILL WORK WITH LIFELINE CONSUMERS TO ENSURE THEY ARE STABLE MOVING FORWARD



# Discussing financial needs



Giving a why behind your questions



How did this need come to be? How did we get here?



What is the extent of the need and the time sensitivity?



Gathering needed contact info and permission to speak to them



# Budgeting

- Ensuring everything is captured:
  - Income:
    - Include everyone in the home bringing in income
    - Reference paystubs or banking app if needed
    - Refer to benefits
  - Expenses:
    - Consider all set costs
    - Explore variable costs
    - Reviewing banking app/history if needed
- Creating action steps around the budget:
  - How can we reduce spending and/or increase income?
  - Ensuring action steps are realistic and not overwhelming



# Sustainability



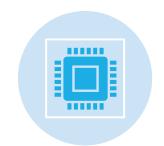
What have you already tried? What do you have in mind for going forward?



Getting creative to support with sustainability



Creating realistic goals and plans



Checking in/following up



# Advocacy

- Ensuring you have client permission first and foremost
- Getting alternative contacts for landlords/property managers
- Reviewing the documents carefully
- Discussing payment plans or forgiveness
- Time blocking when calling utility companies



# CASE EXAMPLE



## Questions?





### **Contact Information:**

Rachel Webb, FACT and Lifeline Supervisor rwebb@macedoniaface.org

Office Number: 412-281-2573 X 1001

Agency Cell: 412-478-9001



### Human Services 101 Financial Sustainability and Wellness

35 Grant Ave. Duquesne, PA 15110 412.461.3383 Touching Families.org



- Who we are
- What is FACT
- Recognizing when support is needed
- Steps for introducing a plan
- Topics of Discussion
- Case Example
- Beneficial tools to utilize
- Contact information for TFI

### Touching Families Inc.

- Non-Profit social service partner established in 2001
- Committed to enhancing the lives of families
- Partner Site for Squirrel Hills Medical Mobile Unit
- Sponsoring agency for Summer Food Service Program
- Utilize the FACT model to offer short-term family support services

### What is FACT?

- Voluntary service that utilizes unique family plans and purpose driving visits based on family's strengths and needs
- Family empowerment to reach desired outcomes through achievable action steps
- Assistance in overcoming barriers to promote independence and navigate goals
- Completes visits including: Initial Home Visit, Family PREP, Family Conference, Teaming Meeting, and Purpose Driven Visits.

### How do we recognize when support is needed?

- Detailed referrals
- Conversations during the Initial home visit and/or family PREP
- Key Words: past-due, utility/rental assistance, income/employment, childcare, food insecurity → these are generally related to financial wellness and open the door for us as Family Coordinators to have conversations surrounding financial sustainability

### How do we introduce the topic?

- Short terms service 

  limited time to address goals
- Direct and open conversations- Family PREP visit
- Build rapport and encourage honesty
- Utilization of Concrete Goods funds
- Offer support and be an advocate

### Components to the discussion

- Income vs. expenses
- Wants vs. needs
- Where can expenses be decreased
- What resources are available for your expenses
- What is the family's big picture goal

# Case Example

### **Tools Utilized**

- Your Money Your Goals Financial Wellness Training and tools
- Budgeting spreadsheets
- Free online curriculums for continued education
  - Dave Ramey- free online tools
  - BYU- free financial courses (faith-based)
  - Udemy- free and low-cost financial courses

### TFI's Contact Information

**Grace Winters: Family Services Director** 

Email: gwinters@touchingfamilies.org

Phone: 412.530.3062

Agency:

Email: FACT@touchingfamilies.org

Phone: 412.461.3383



### ALLEGHENY COUNTY COMMUNITY ACTION

2024

#### THE PROMISE OF THE COMMUNITY ACTION PARTNERSHIP

Community Action changes' peoples lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

#### WHAT IS COMMUNITY ACTION?

The work of Community Action supports low-income families and individuals to move towards stability and economic security and supports initiatives to address needs in the communities that will improve community conditions and economic opportunities.

Almost every county in the United States has a Community Action Agency (CAA), a local organization charged by the federal government with the sweeping mission of fighting poverty. There are about 1,000 community action agencies across the country.

Allegheny County Department of Human Services is the designated community action agency for Allegheny County, not including the City of Pittsburgh.

Allegheny County Department of Human Services is the designated eligible entity for the receipt of federal Community Services Block Grant (CSBG) funds.

#### **ALLEGHENY COUNTY COMMUNITY ACTION SERVICES**

SELF-SUFFICIENCY FAMILY STRENGTHENING SERVICES

> AVAC SHIM NHCO HSCMV

TRANSPORTATION ASSISTANCE

**NHCO** 

**AVAC** 

**SHIM** 

BASIC NEEDS ASSISTANCE

AVAC SHIM NHCO **EMPLOYMENT ASSISTANCE** 

MVI

VITA AND FINANCIAL EMPOWERMENT OUTREACH

**HSCMV** 

AVAC- Allegheny Valley Association of Churches NHCO – North Hills Community Outreach SHIM- South Hills Interfaith Movement HSCMV- Human Services Center Mon Valley MVI- Mon Valley Initiative

### **ELIGIBLE INDIVIDUALS AND FAMILIES:**

- Are residents of Allegheny County (outside the City of Pittsburgh)
- Are at least 18 years old
- Live in a household whose total income is no more than 200% of the federal Poverty Guidelines

## Self- Sufficiency Family Strengthening Services

The Self-Sufficiency Programs' goal is to help individuals and families achieve family stability and economic security. The program helps people to overcome barriers and build upon their interests and strengths while accessing community services and supports.

### **Employment Assistance**

The purpose of Mon Valley Initiative's Workforce & Business Development program is to assist unemployed and underemployed Mon Valley residents to become prepared for and able to access employment opportunities that exist in the region.

Assistance is provided through classes, one-on-one counseling, and career exploration workshops that expose participants to employment and career advancement opportunities within the region.

### **Transportation Assistance Services**

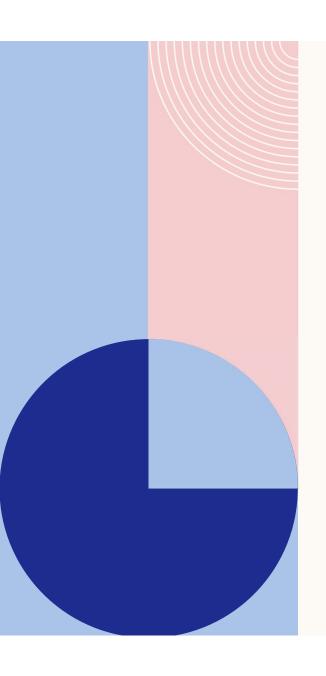
This program helps people stabilize their transportation situation during times of difficulty who need help getting to their job, looking for a job, or transportation to school.

Types of assistance include help with car repairs, driver's license/registration renewal, one time car loan or car insurance payment, bus pass assistance, or car purchase assistance.

#### **Basic Needs Assistance**

Basic needs and emergency assistance services assist eligible persons to meet basic and urgent needs which persons are not able to meet on their own due to loss of income, reduced income, or insufficient income.

Types of assistance can include but not limited to help with utilities, payments for housing, food, childcare, medical, other. Providers also assist eligible persons when applicable with connecting to public benefits to meet basic and urgent needs.



### **COMMUNITY INITIATIVES**

#### VITA TAX PREPARATION

The Volunteer Income Tax Assistance (VITA) program provides free tax preparation services to eligible individuals. VITA ensures that eligible Mon Valley residents are able to get their taxes done for free and get connected to a wide range of other needed community services. Free tax preparation ensures that eligible individuals are not paying for a service and/or utilizing a predatory lending vehicle to get an advance on their refund.

#### FINANCIAL EMPOWERMENT

Financial Empowerment Community Outreach provides financial workshops for Allegheny County residents in areas including but not limited to budgeting, savings, credit, banking, taxes, and purchasing a home.

The goal of the workshops is to provide participants with useful information about financial topics which they are interested in.



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